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**Free Childbirth Class Offered Saturday, September 21 at Wayne Memorial Hospital**

Jesup, GA – A free class on childbirth is offered at Wayne Memorial Hospital Saturday, Sept 21 from 9 a.m. to 1 p.m. in the hospital cafeteria conference room. This class is ideal for those expectant mothers 25 weeks pregnant or later by the class date. Those interested in registering may do so by calling (912) 530-3118 or (912) 530-3117.

Topics of the class will include the normal process of pregnancy, labor and delivery with an emphasis on conscious prepared childbirth. Stress is placed on a medically safe delivery in the hospital under the direction of a physician. Additional topics covered are infant care and infant feeding. Attendees are encouraged to invite a support person to the class.

Wayne Memorial Hospital, whose mission is to provide high quality health care services to all patients, built a state-of-the-art facility in 2007. It is the third largest employer in Wayne County with 500 employees, 84 beds and is a two-time winner of the Georgia Alliance of Community Hospitals Small Hospital of the Year Award.

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