



Office of the Regional Director

**HHS REGION 4**

*HHS Region 4 Health News – March 17, 2020*

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**For the most current information about COVID-19, please follow CDC on social media and [sign up for the newsletter](#) to receive weekly emails about the COVID-19 outbreak.**

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The federal government continues to take aggressive and proactive steps to address the COVID-19 threat as the health and safety of the American people remain a top priority. Please see below for the latest guidance and releases in response to COVID-19.

**Secretary Azar Announces Historic Expansion of Telehealth Access to Combat COVID-19:** On Tuesday, the Trump Administration and HHS announced unprecedented steps to expand Americans' access to telehealth services during the COVID-19 outbreak. The Centers for Medicare & Medicaid Services (CMS) expanded Medicare coverage for telehealth visits, the HHS Office for Civil Rights (OCR) announced it will waive potential HIPAA penalties for good faith use of telehealth during the emergency, and the HHS Office of Inspector General (OIG) provided flexibility for healthcare providers to reduce or waive beneficiary cost-sharing for telehealth visits paid by federal healthcare programs. For more information see links to the [CMS press release](#), [OCR Guidance](#), and [OIG Policy Statement](#).

**FDA Expands Testing Capabilities:** On Monday night, FDA Commissioner Hahn [announced](#) that states can set up their own system in which they take responsibility for authorizing such tests and the laboratories will not need to engage with the FDA to conduct COVID-19 testing. The updated guidance also expands the types of labs that can conduct testing and provides recommendations for test developers who are interested in developing a test. The FDA has established 1-888-INFO-FDA, to help labs with any questions they may have about the Emergency Use Authorization process, FDA policies or getting supplies. Similar to approving Roche testing last week, yesterday, the FDA also [issued Emergency Use Authorizations \(EUAs\)](#) to Hologic and LabCorp for their tests.

**CMS Guidance for States to Apply for a Section 1135 Emergency Waiver:** CMS has provided guidance for states on how to apply for a Section 1135 waiver through the [Medicaid Disaster Response Tool Kit](#). A [factsheet](#) was released that outlines the flexibilities for healthcare providers to combat and contain COVID-19. CMS will soon provide checklists and tools to further expedite requests and approvals for waivers and other commonly requested flexibilities. Yesterday, [Florida](#) was the first state to apply for and receive approval for an 1135 waiver.

**Restrictions on Gatherings:** On Monday, the White House Task Force released [updated guidance](#) with a 15 day strategy to slow the spread of COVID-19 that recommends restricting gathers to 10 people or less.

**CMS Nursing Home Guidance:** On Friday, CMS released updated nursing home guidance that further protects nursing home residents by restricting all visitors to nursing homes except in cases of end-of-life care. The memo can be found [here](#).

**Guidance for Discontinuation of Home Isolation for Persons with COVID-19:** CDC released new guidance with strategies to discontinue home isolation with options including both a time-since-illness-onset and time-since-recovery (non-test-based) strategy as well as a test-based strategy. This guidance will assist healthcare providers and public health officials managing people with COVID-19 under home isolation. Information can be found [here](#).

**Considerations in the Investigation of Cases and Clusters of COVID-19:** The World Health Organization released [interim guidance](#) on Friday that includes operational guidance to for the rapid investigation of suspected COVID-19 cases after an alert or signal. It is to be used by local, regional, or national health authorities as considerations for investigating cases of COVID-19.

**Regulatory Relief for Commercial Vehicles Delivering COVID-19 Supplies:** On Friday, the Federal Motor Carrier Safety Administration issued an [Emergency Declaration](#) that provides regulatory relief for vehicles that are transporting medical supplies and equipment to support emergency relief efforts.

As always, please reach out if you have questions.

Thanks,



## Primary Health Care Digest

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**March 17, 2020**

### **Today with Macrae: Health Center Program Updates**

We have extended the time for next week's Today with Macrae session. We'll include access details in upcoming communications, including next week's Digest.

Tuesday, March 24  
2:00-3:30 p.m. ET

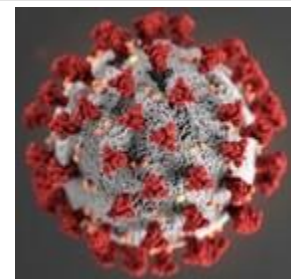


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### **COVID-19 Updates for Health Centers**

HRSA is working to keep health centers and Health Center Program partners updated on the latest information regarding COVID-19. The [Emergency Preparedness and Recovery Resources for Health Centers webpage](#) now includes:

- Updated [Health Center Program COVID-19 Frequently Asked Questions](#) with new information on:
  - Do health centers offer testing for COVID-19?



- What are the requirements for FTCA in light of the declaration of a national public health emergency?
- How can health centers access the National Stockpile to get Personal Protective Equipment (PPE) and additional supplies in response to the coronavirus?

- [Health Center Bulletin, sent March 11.](#)

The National Health Care for the Homeless Council, a HRSA-funded National Cooperative Agreement (NCA), published [“COVID-19 & the HCH Community: Needed Policy Responses for a High-Risk Group.”](#)

The National Consortium of Telehealth Resource Centers will provide a special edition webinar with featured speakers on telehealth policies and guidance for COVID-19.

Thursday, March 19

2:00-3:00 p.m. ET

[Register here](#)

### **COVID-19 Listening Sessions for Health Center Dental Programs**

The National Network for Oral Health Access (NNOHA), a HRSA-funded NCA, is holding listening sessions to provide a venue for health center dental programs to state their concerns and share solutions in their response to COVID-19. These will be open discussion forums.

The session discussions will focus on:

1. Protecting patients through social distancing.
2. Protecting providers through effective protocols and practices.

Participants are encouraged to register for the listening session in their region. However, all are welcome to join if you are unable to attend your region's session. Please come prepared to discuss your dental program's response to COVID-19 among other health center dental providers.

#### **HRSA Regions 8, 9, and 10**

(MT, ND, SD, WY, CO, UT, NV, CA, AZ, HI, WA, OR, ID, AK)

Wednesday, March 18

3:00-4:00 p.m. ET

[Register here](#)

#### **HRSA Regions 1, 2, 3, and 5**

(ME, NH, VT, MA, RI, CT, NY, NJ, PA MD, DE, VA, WV, MN, WI, IL, IN, MI, OH)

Thursday, March 19

2:00-3:00 p.m. ET

[Register here](#)

#### **HRSA Regions 4, 6, and 7**

(KY, TN, NC, SC, GA, FL, AL, MS, NM, TX, OK, AR, LA, NE, KS, IA, MO)

Friday, March 20

Noon-1:00 p.m. ET

[Register here](#)

### **COVID-19 Resources for Health Care Professionals**

- CDC continually updates its COVID-19 [information page](#) and [situation summary](#). The agency also publishes [frequently asked questions and answers](#), as well as [interim](#)

guidance for health care professionals on Evaluating and Reporting Persons under Investigation (PUI).

- The National Institute for Occupational Safety and Health has released a page on CDC's website with resources for the protection of health care workers.
- The American College of Physicians updated its Novel Coronavirus: A Physicians Guide, designed to help providers identify potential cases and counsel patients on infection control methods.
- ECRI Institute regularly updates its COVID-19 Outbreak Preparedness Center. Staff at health centers, free clinics, look-alikes, and Primary Care Associations may access infection control resources provided by ECRI Institute on behalf of HRSA, including the guidance article, "Infection Prevention and Control," and the Infection Control Toolkit. Contact ECRI Institute for access.



Jump To: [Substance Use Disorder & Mental Health](#) | [HIV](#) | [Workforce](#) | [Colorectal Cancer Awareness Month](#) | [Additional Resources](#)

### What's New

#### **Live Q&A Session for Fiscal Year 2020 Capital Assistance for Disaster Response and Recovery Efforts**

HRSA will host a live session to answer questions about the Capital Assistance for Disaster Response and Recovery Efforts (CADRE) funding opportunity. The [CADRE TA webpage](#) has many resources, including the Notice of Funding Opportunity (NOFO) and a pre-recorded application assistance webinar. We encourage potential applicants to review both resources before the Q&A session.

Tuesday, March 24

3:30-4:30 p.m. ET

[Join the webcast the day of the session](#)

Call-in: 888-790-3053

Passcode: 9881124

#### **Reminder: Health Center Controlled Networks Non-Competing Continuation Progress Reports Due Next Week**

We've added new resources to the [Health Center Controlled Networks \(HCCN\) Technical Assistance \(TA\) webpage](#) support the submission of Non-Competing Continuation (NCC) Progress Reports. These reports are due by 5:00 p.m. on Tuesday, March 24. The new resources include the recording from the HCCN NCC webinar and FAQs. Use the [BPHC Contact Form](#) for questions.

#### **Ending the HIV Epidemic - Primary Care HIV Prevention Progress Reporting TA Webinar**

We invite all Primary Care HIV Prevention (PCHP) grantees to a progress reporting TA webinar. We will review key project requirements, progress

### Technical Assistance & Training



[Visit the training calendar to](#)

[learn details about or register for events.](#)

**Through March 24**

#### **Building a Culture of Trauma-Informed Care for Patients**

Hosted by the National Nurse-Led Care Consortium, a HRSA-funded NCA

Wednesday, March 18

2:00-3:30 p.m. ET

[Register here](#)

**\*\*1.5 CME/CNE credit available for each webinar**

report components, and the schedule for reporting. We'll also share reporting resources and include time for questions and answers.

Tuesday, March 31

1:00-2:00 p.m. ET

Join us the day of the session

Call-in: 800-779-6844

Passcode: 8814195

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### **Newly Released: 2020 Uniform Data System Approved Changes Program Assistance Letter**

HRSA released the 2020 UDS Approved Changes Program Assistance Letter (PAL) to highlight changes to the Uniform Data System (UDS) for calendar year 2020 approved by the Office of Management and Budget. Health Center Program awardees and look-alikes will use the reporting changes detailed in the approved PAL when reporting data beginning Friday, January 1, 2021. The 2020 UDS Manual will include additional details regarding these changes. Stay tuned to the Digest and the HRSA website for more details.



### **Thank You for Providing Safe and Reliable Health Care!**

Kudos to all the health centers and partners who were featured in the Digest or HRSA social media during Patient Safety Awareness Week. Thank you for your dedication to patient safety!

In case you missed it, view a recording of last week's Achieving Safe and Reliable Health Care webcast.

*(total of 3 CEs available)\*\**

### **COVID-19**

### **Listening Sessions for Health Center Dental Programs**

Hosted by NNOHA, a

HRSA-funded NCA

HRSA Regions 8, 9, and 10

Wednesday,

March 18

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HRSA Regions 4, 6, and 7

Friday, March 20

Noon-1:00 p.m.

ET

Register here

### **Behind the Label with FDA: The First Major Update to the Nutrition Facts Label in Over Two Decades**

Thursday, March 19

Noon-1:00 p.m.

ET

Join the webcast the day of the session

Call-in:

888-469-1606

Passcode: 6327121

### **Addressing SDOH Using**



## Are You the Next Million Hearts® Hypertension Control Champion?

Now is your chance to get recognized for your organization's successful efforts in the battle against hypertension! The 2020 CDC

Million Hearts® Hypertension Control Champions Challenge will recognize health centers that have achieved 80% blood pressure control (blood pressure reading <140 mmHg/<90 mmHg) among their patients with hypertension aged 18-85 years.

If your health center reached the 80% mark in 2019, we encourage you to apply by Monday, April 6. [Read the Hypertension Control Challenge Rules and Eligibility.](#)

In 2019, five health centers were recognized as champions. Let's at least double that number in 2020!

Questions? [Contact Cheryl Thompson.](#)



## Motivational Interviewing Strategies

Hosted by the School-Based Health Alliance, a HRSA-funded NCA

Thursday, March 19  
2:00-3:00 p.m. ET

[Register here](#)

## Sexual Health and Wellness for LGBTQIA+ Older Adults

Hosted by the National Center for Equitable Care for Elders and the National LGBT Health Education Center, both HRSA-funded NCAs

Thursday, March 19  
2:00-3:00 p.m. ET  
[Register here](#)

## Designing Workforce Training and TA for Health Center Leaders

Part of the STAR<sup>2</sup> Center's Primary Care Association/Health Center Controlled Network's Workforce Professional Development Series  
Thursday, March 19

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## March 15-21 is National Poison Prevention Week

HRSA's Poison Control Program encourages Americans to learn more about the dangers of unintentional poisonings and how to take the appropriate preventive measures. Call the Poison Help Line at 800-222-1222 or [visit the HRSA Poison Help website](#) for resources.

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## Substance Use Disorder & Mental Health Tribal Opioid Response Grants

SAMHSA is accepting applications for [Tribal Opioid Response grants](#). The program aims to address the opioid crisis in tribal communities by increasing access to culturally appropriate and evidence-based treatment, including medication-assisted treatment using one of the three FDA-approved medications for the treatment of opioid use disorder. Apply by Monday, May 4.

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## HIV

### U.S. Preventive Services Task Force's PrEP Recommendations and PrEP Implementation Guidelines and Resources

Join HRSA for a webinar on the U.S Preventive Services Task Force's final pre-exposure prophylaxis (PrEP) recommendations. We'll also share PrEP implementation guidelines and resources from The National LGBT Health Education Center at The Fenway Institute (a HRSA-funded NCA). Experts will discuss the latest guidelines and recommendations for HIV screening and PrEP-prescribing practices.

Thursday, March 26

3:00-4:00 p.m. ET

[Register here](#)

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### **Recording Available: Promising Practices on Addressing Stigma and HIV in Primary Care Settings**

We recently hosted a webinar featuring experts from the University of Alabama at Birmingham and the HRSA-funded Southeast AIDS Education Training Center discussing stigma and how it impacts patient outcomes. They also shared stigma reduction resources to assist health centers providing services to people living with HIV. If you missed it, [watch the recording](#).

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### **Fiscal Year 2020 Part C Capacity Development Program (HRSA-20-067) NOFO** HRSA released the **RWHAP Part C Capacity Development Program NOFO** in December 2019. Applications are due Thursday, March 26, by 11:59 p.m. ET. [View slides from the TA webinar](#).



For programmatic questions, please contact [Mindy Golatt](#), Branch Chief, Division of Community HIV/AIDS Programs. For business, administrative, or fiscal issues related to the NOFO, please contact [Potie Pettway](#), Grants Management Specialist.

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### **Workforce Nurse Corps Scholarship Program**

HRSA's [Nurse Corps Scholarship Program](#) is accepting applications through Thursday, April 30. Students accepted or enrolled in a diploma, associate, baccalaureate, or graduate degree nursing program may be eligible to apply. The program provides scholarships to nursing students, paying for tuition, fees, and other reasonable costs, as well as a monthly living stipend. In exchange, participants commit to a minimum of two years of full-time service (or part-time equivalent) at an eligible health care facility with a critical shortage of nurses. This year, there is special funding for nurse practitioners specializing in psychiatric mental health and nurse midwives.



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### **Apply Now to the National Health Service Corps Scholarship Program**

Medical and dental school students, do you want to provide care where you're needed most? We will support you by paying your tuition, fees, and other educational costs and by providing you a living stipend. In exchange, you agree to serve at least two years at National Health Service Corps-approved sites in underserved rural, urban, and tribal communities. Applications are due Thursday, April 23. [Learn more](#).

2:00-3:00 p.m. ET

### **[Register here](#) New Medications for Sickle Cell Disease**

Cohosted with the HHS Office of Minority Health Friday, March 20 Noon-1:00 p.m. ET

### **[Register here](#) Health Network: A Care**

**Coordination Program for Mobile Patients**  
Hosted by Migrant Clinicians Network, a HRSA-funded NCA

Tuesday, March 24 1:00-2:00 p.m. ET

### **[Register here](#) Today with Macrae: Health Center Program Updates Webcast (formerly the BPHC All-Programs Webcast)**

Tuesday, March 24 2:00-3:30 p.m. ET

### **Live Q&A Session for Fiscal Year 2020**

**Capital Assistance for Disaster Response and Recovery Efforts**

Tuesday, March 24 3:30-4:30 p.m. ET

**[Join the webcast the day of the](#)**

## Colorectal Cancer Awareness Month

We're featuring resources and learning opportunities throughout the month.

### Reaching 80%: A Health Center Discussion on Colorectal Cancer Screening

Our next interactive session in HRSA's Data for Decision-Making Speaker Series focuses on practices for improving colorectal cancer screening rates. Learn from NOELA Community Health Center (New Orleans, LA), winner of The National Colorectal Cancer Roundtable's (NCCRT's) grand prize 80% by 2018 National Achievement Award in 2019. NOELA dramatically increased its colorectal cancer screening rate from 3% in 2012 to 80% in 2018.

Thursday, March 26

2:00-3:00 p.m. ET

[Register here](#)

[Submit a CRC question in advance](#)



### Community Messaging Guidebook: Reaching the Unscreened

Having difficulty convincing patients to be screened for colorectal cancer? [This guidebook](#), produced by NCCRT, includes recommendations and tested messaging to help in the education, empowerment, and mobilization of patients who are not getting screened for colorectal cancer.

### 2020 80% in Every Community National Achievement Awards Health Center Honorees

The NCCRT 80% in Every Community National Achievement Awards recognize individuals and organizations who make a significant impact toward getting colorectal cancer screening rates of 80% and higher in communities across the nation. Two of this year's honorees are HRSA-funded health centers. Congratulations to:

- **Norton Sound Health Corporation (NSHC), Alaska**, increased colorectal cancer screening rates from 7% in 2013 to 70.5% in 2019 by:
  - Proactively identifying patients in need of screening.
  - Providing stool tests with no out-of-pocket costs.
  - Offering colonoscopy screening each month.
  - Coordinating necessary arrangements including travel, housing, food, and escorts for patients.
- **North Hudson Community Action Corporation (NHCAC), New Jersey**, reached an 84% screening rate in 2018 by implementing:
  - Patient navigation.

[session](#)

Call-in: 888-790-3053

Passcode: 9881124

### Upcoming UDS Mapper Advanced Topics: Using the UDS Mapper for Research

Wednesday, March 25

11:00 a.m.-noon

ET

[Register here](#)

### Clinicians' Coffee Chat:

### Community Health Workers in Diabetes Care and Prevention

Hosted by the National Health Care for the Homeless Council, a HRSA-funded NCA

Wednesday, March 25

1:00-2:00 p.m. ET

[Register here](#)

### Migratory and Seasonal Agricultural Worker Identification, Classification, and Reporting

Hosted by the National Center for Farmworker Health, a HRSA-funded NCA

Wednesday, March 25



- Patient and provider reminders.
- Reduced structural barriers (including transportation and client costs).
- Screening recommendations to eligible patients at all health center visits, including dental and behavioral health visits.

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### **Additional Resources**

#### **Behind the Label with FDA: The First Major Update to the Nutrition Facts Label in Over Two Decades**

Join HRSA Registered Dietitian Clinicians for a lunch and learn session with guest presenter Dr. Robin A. McKinnon from the FDA, who will provide information on the first major update to the Nutrition Facts Label in over two decades. Contact [Bramaramba Kowtha](#) with questions.

Thursday, March 19

Noon-1:00 p.m. ET

[Join the webcast the day of the session](#)

Call-in: 888-469-1606

Passcode: 6327121

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#### **New Obstetric Toolkit from ECRI Institute**

The new [Obstetric Toolkit](#) can help health centers improve patient safety and minimize liability risks. Topics include general obstetrical care, prenatal care, labor and delivery, and select clinical high-risk topics, such as shoulder dystocia and maternal morbidity and mortality.

ECRI toolkits are free for health centers, look-alikes, free clinics, and Primary Care Associations. Contact [ECRI Institute](#) for access.

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#### **The Road to Patient Activation**

In a six-part interactive series, Migrant Clinicians Network and the National Nurse-Led Care Consortium (both HRSA-funded NCAs) and other partners will work with 10 health center care teams to improve knowledge and skills around evidence based strategies for patient engagement and activation. [Learn more or apply to participate.](#)

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#### **Juntos Nos Movemos – Training to Prevent Childhood Obesity Among Agricultural Worker Families**

Farmworker Justice, a HRSA-funded NCA, offers a new tool to prevent and reduce childhood obesity. [Juntos Nos Movemos](#) helps agricultural worker parents maximize their limited free time with their children by engaging in fun and culturally-appropriate physical activities. The curriculum and accompanying materials (trainer’s guide, flipchart, and worksheet, available in English and Spanish) are for outreach staff to share with agricultural worker patients.

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**Social Isolation and Supportive Services Learning Collaborative** Life transitions frequently experienced by adults over age 65 are a risk factor for

2:30-3:30 p.m. ET

[Register here](#)

#### **Reaching 80%: A Health Center Discussion on Colorectal Cancer Screening**

Thursday, March 26

2:00-3:00 p.m. ET

[Register here](#)

#### **Developing a Community Health Center Capital Project Plan and Budget**

Hosted by Capital Link, a HRSA-funded NCA

Thursday, March 26

2:00-3:00 p.m. ET

[Register here](#)

#### **U.S Preventive Services Task Force’s PrEP Recommendation s and PrEP Implementation Guidelines and Resources**

Thursday, March 26

3:00-4:00 p.m. ET

[Register here](#)

#### **Ending HIV Epidemic - Primary Care HIV Prevention Progress Reporting TA Webinar**

Tuesday, March 31

1:00-2:00 p.m. ET

[Join us the day of the session](#)

social isolation, which is associated with physical and cognitive decline in this older population. The National Center for Equitable Care for Elders, a HRSA-funded NCA, presents a learning collaborative that will help participants:

- Understand the subjective experience of social isolation.
- Explore supportive services (public and for-profit) available in their communities to promote healthy aging throughout social networks.

[Learn more or register now.](#)

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### **Cultural Competency and Health Literacy Learning Collaborative**

The National Center for Health in Public Housing, a HRSA-funded NCA, has identified a need for training on cultural competence and health literacy to improve service delivery for non-English-speaking patients. This learning collaborative will focus on addressing this need. [Learn more and register](#) before the first session tomorrow, Wednesday, March 18.

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### **Health Begins at Home: Integrating Public Health Nursing and Legal Services for Community Wellness**

The National Nurse-led Care Consortium, a HRSA-funded NCA, offers a four-part learning collaborative that will explore the efficacy of evidence-based home visitation programs (including Nurse-Family Partnership and Parents As Teachers) for community health centers. Speakers will also provide an overview of the nursing-legal partnership model and describe its application in a variety of settings, including health centers. There is 1 CME/CNE credit available for each module (total of 4 CEs available).

[Learn more or register now.](#)

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### ***In case you missed it:***

[Visit the Primary Health Care Digest archive.](#)

***Do you forward the Digest to others?***

Encourage them to [subscribe](#).

Call-in: 800-779-6844

Passcode: 8814195

### **Screening**

### **Assessments for**

### **Sickle Cell**

### **Disease**

Cohosted with the HHS Office of

Minority Health

Tuesday, April 7

5:00-6:00 p.m. ET

[Register here](#)

### **Health Centers as**

### **Age-Friendly**

### **Health Systems**

Hosted by the

National Center

for Equitable Care

for Elders, a

HRSA-funded

NCA

Wednesday, April

15

2:00-3:00 p.m. ET

[Register here](#)

### **Self-Management**

### **Techniques for**

### **Adults with**

### **Sickle Cell**

### **Disease**

Cohosted with the

HHS Office of

Minority Health

Friday, May 1

1:30-2:30 p.m. ET

[Register here](#)

### **Back to Basics:**

### **Common Lab**

### **Findings in Sickle**

### **Cell Disease**

Cohosted with the

HHS Office of

Minority Health

Tuesday, May 19

1:00-2:00 p.m. ET  
[Register here](#)  
*Webinars are  
hosted by HRSA  
unless otherwise  
noted.*

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The **Centers for Disease Control and Prevention (CDC)** at HHS continues to provide updates and insight from medical professionals about how to protect you and your loved ones from COVID-19. It is imperative to stay informed and vigilant. Click [here](#) for the latest updates.

Practice everyday preventive actions such as:

- Cover your nose and mouth with a tissue when you cough or sneeze; throw the tissue away immediately after you use it.
- Wash your hands often with soap and water for at least 20 seconds, especially after you cough or sneeze.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick, as well.
- Try not to touch your eyes, nose, or mouth. While it may seem simple, germs often spread this way.
- At the workplace, wash your hands frequently and practice caution when coming into contact with commonly touched surfaces like door handles, handrails, and elevator buttons.

If you are planning to travel, please ensure you have up to date domestic and/or overseas travel information from the [CDC travel advisory website](#). You can also find updates via the [State travel advisory site](#).

**\*\*\* CDC has launched a new webpage for Travelers from Countries with Widespread Sustained (Ongoing) Transmission Arriving in the United States\*\*\***

The full link is: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>

The shortened link is: [www.cdc.gov/COVIDTravel](http://www.cdc.gov/COVIDTravel)

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## **National Suicide Prevention Lifeline**

Free and confidential support for people in distress, 24/7.  
1-800-273-TALK (8255) Get Help - We can all help prevent suicide.  
The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

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***FindTreatment.gov*** is an important resource to help Americans looking for substance abuse treatment for themselves or their loved ones find the right type of treatment.