

With Photo: (l to r) Judy Welch, Volunteer of the Quarter, and Deana Belcher, president, Camden Campus Volunteer Services. **Contact:** Laura Young, director, Marketing & Public Relations; laura.young@sghs.org, 912-466-2148

Welch Receives “Volunteer of the Quarter” Award at Southeast Georgia Health System Volunteer Luncheon

ST. MARYS, Georgia: October 3, 2019 – Southeast Georgia Health System Volunteer Services recently announced Judy Welch as the Volunteer of the Quarter for the Camden Campus during their fall luncheon on Monday, Sept. 23, 2019.



A retired nurse, Welch volunteers at the Senior Care Center-St. Marys several days a week and helps with Bingo, one of the residents’ most popular activities. During 2017-2019, she served as the second vice president on the Volunteer Services board, and she has also served on the Teen Scholarship committee for the past several years.

Kristin Doll, CAVS, director, Volunteer Services, describes Welch as an inspiration. “From assisting with activities at our Senior Care Center to providing oversight on our teen volunteer and scholarship programs, Judy’s compassionate spirit touches people of all ages in our community,” says Doll. “Her commitment and years of dedication to serving others in the health care field, first through a career in nursing and now in volunteerism, are inspiring.”

For Welch, volunteering isn’t just something to fill her day; it’s a joyful gift that gives back in spades. “If you enjoy helping others, I encourage you to explore the volunteer opportunities at Southeast Georgia Health System,” Welch says. “The odds that you’ll receive a smile and a word of thanks from someone having a difficult time is good. I guarantee it will make you smile, too, and brighten your day.”

In addition to volunteering at the Health System, Welch also enjoys reading, knitting and traveling in her spare time. She is married to Dick Welch, and they have two children and seven grandchildren.

More than 300 volunteers generously share their time and talents to assist patients, visitors and team members at the Southeast Georgia Health System Brunswick and Camden campuses, as well as the Senior Care Centers in Brunswick and St. Marys. To learn more about volunteer opportunities, contact Volunteer Services, at 912-466-3157 or visit sghs.org/volunteer.

ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, three immediate care centers, five family medicine centers and numerous employed physician practices. The Health System has multiple outpatient specialty care centers, including the only

CyberKnife® Program in the region and one of only four in Georgia, and a Cancer Care Center accredited by the American College of Surgeons Commission on Cancer. In 2018, the Health System's Brunswick and Camden Campus hospitals were recognized in *Georgia Trend* magazine's "Top Georgia Hospitals" in the medium-sized and small-sized categories, respectively. For more information, visit sghs.org.

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