

MENTAL HEALTH SERVICES

Should you want to find information about mental health services, please click on the link below or telephone the listed contact organisations via telephone.

<https://www.ruok.org.au/findhelp>

Below is a list of rural, online or phone services that you can use.

COUNTRY MENTAL HEALTH SERVICES

Bunbury Mental Health Service

South West Health Campus, Robertson Drive, Bunbury WA 6230 Tel: 08 9722 1300

Bunbury Strickland Street Office Mental Health Service

(Formerly Bunbury Stepping Stones Rehabilitation Centre)

27 Strickland Street, Bunbury WA 6230 Tel: 08 9791 4729

Carnarvon Mental Health Service

5 Stuart Street, Carnarvon WA 6701 Tel: 9941 6600

Central West Mental Health Service

Shenton Street, Geraldton WA 6530 Tel: 9956 1999

Esperance Community Mental Health Service

(Formerly Esperance Mental Health Unit)

Forrest Street, Esperance WA 6450 Tel: 08 9071 0444

Great Southern Mental Health Services Albany

Hardie Road, Spencer Park, Albany WA 6330 Tel: 08 9892 2440

Kimberley Mental Health and Drug Service

cnr Anne & Robinson Streets, Broome WA 6725 Tel: (08) 9194 2640

Kimberley Mental Health and Drug Service: Derby

(Formerly Derby Mental Health Unit)

Rugal Baru, Cnr Clarendon & Neville Streets, Derby WA 6728 Tel: 08 9193 3605

Kimberley Mental Health and Drug Service: Kununurra

(Formerly Kununurra Mental Health Unit)

96 Coolibah Drive, Kununurra WA 6743 Tel: 9166 4350

Midwest Community Drug Service Team

Community Health Building, 51-85 Shenton Street, Geraldton WA 6530 Tel: 9956 2424

Pilbara Mental Health and Drug Service

Colebatch Way, South Hedland WA 6722 Tel: 08 9174 1240

Pilbara Mental Health and Drug Service: Hedland Health Campus

(Formerly Port Hedland Mental Health Unit)

Colebatch Way, South Hedland WA 6722 Tel: (08) 9174 1240

Pilbara Mental Health and Drug Service: Karratha

(Formerly Karratha Mental Health Unit)

Nickol Bay Hospital, Millstream Road, Karratha WA 6714 Tel: +61 8 9143 2346

South West Mental Health Service - Margaret River

3/18, Fearn Avenue, Margaret River WA 6285 Tel: 08 9757 3547

TELEPHONE HELP LINES

Mental Health Emergency Response Line

(Formerly Psychiatric Emergency Team)

Perth WA 6000 Tel: 08 9224 8888

RuralLink

Tel: 1800 552 002

Lifeline

Tel: 13 11 14

Suicide Call Back Service

Tel: 1300 659 467

Kids Helpline

Tel: 1800 551 800

Griefline

Tel: 1300 845 745

Beyond Blue

Tel: 1300 224 636

Mens Line Australia

Tel: 1300 789 978

1800RESPECT

Tel: 1800 737 7328

Support After Suicide

Tel: 03 9421 7640

QLife

Tel: 1800 184 527

ASCA

Tel: 1300 657 380

Headspace

Tel: 1800 650 890

Black Dog Institute

Tel: (02) 9382 4530

Sane Australia

Tel: 1800 187 263

Australian Psychological Society

1800 333 497

MHMA (multicultural mental health association)

Tel: 1300 136 289